Items that must be Available at Home

- Mask (do not use more than once and throw in the trash bin and wash your hands after use).
- Plastic gloves (do not use more than once and throw in the trash bin and wash your hands after use).
- Temperature measuring device (thermometer).
- Alcohol wipes.
- Fever lowering medicines (Antipyretics) e.g. paracetamol.
- Hand soap.
- Hand sanitizer (contains at least 60% alcohol).
- Household cleaning products (including toilet and kitchen cleaning products).
- Tissue paper.
- Closed waste bins.

Individuals who are isolated/quarantined are obligated to use the electronic application (App) "Shlonik" to monitor their health, and ensure their commitment to home quarantine according to the address in electronic App and they must adhere to following rules:

- Respond to all notifications immediately.
- Keep the Bluetooth and GPS (location) features always on.
- Ensure that the mobile phone is switched on and has sufficient credit all the time, 24 hours a day.
- Ensure that the mobile has an internet connection constantly, and is able to receive local calls.
- Ensure that the mobile phone is within reach at all times and respond to the calls of those in charge of the App. Do not give the mobile phone to anyone else.
- It is not permitted to change place of isolation/quarantine except for absolute necessity after the approval of the health authorities through the App.
- Commit to implementing and adhering to all the technical and health instructions added in any future update of "Shlonik" App. Such additions will be implemented for the public interest.

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The authorizations of the mobile application Shlonik are allocated to the Ministry of Health in the state of Kuwait, which issues the Shlonik application and adds the rules of binding adherence to residents who are isolated or quarantined to comply with the following rules:

1. Allow the application to take contact information and determine the location of the user.
2. Enter information into the application database.
3. Receive calls and messages from the health authorities.
4. Use the device location services for tracking purposes.
5. Receive notifications and messages related to health issues.
6. Receive medical counseling and advice.
7. Consent to the terms and conditions of the application.
8. Consent to the terms and conditions of the application.

The application is used to monitor health and ensure adherence to home quarantine rules for individuals isolated or quarantined. The application uses the smartphone's location services to track the user's movements and ensure compliance with quarantine rules.